

# CERTIFICATES

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Though not required to do so, students may choose to complete one or more certificates in order to pursue areas of interest, or to complement their major(s). Students must choose from the certificates in this catalog and may not create an individualized certificate. Certificates range between 18-34 semester credit hours. Certificates may have additional non-credit requirements. Students may choose to take additional credits toward the certificate or use their elective credits. Upon completion of a degree, a certificate is listed as a comment on the academic transcript.

## Bethel University Certificates

- **Addiction Studies Certificate** (<https://catalog.bethel.edu/arts-sciences/academic-programs-departments/certificates/addiction-studies-certificate/>)
- **Alcohol and Drug Counseling Certificate** (<https://catalog.bethel.edu/adult-professional-studies/academic-programs-disciplines/human-services/certificate-alcohol-drug-counseling/>)

### **ADS 445 • Counseling Microskills 4 Credits**

An examination of effective counseling skills that combines theoretical understanding and hands-on practice of essential microskills. Engagement in development of “self as the therapist” through reflective practice and observation of self and others.

*Prerequisites: Sophomore standing. Offered: Fall.*

### **ADS 450 • Introduction to Addictions Counseling 4 Credits**

Examination of addiction from a variety of perspectives and evaluation of the twelve core functions of an addictions counselor. Description of the process of change in the context of the continuum of care. Cultivation of a personal philosophy around spirituality and addiction.

*Prerequisites: Sophomore standing. Offered: Fall, Spring, Summer.*

### **ADS 455 • Psychopharmacology of Addiction 4 Credits**

Examination of the action and biophysical effects of addictive substances. Evaluation of evidence-based medical treatment options for both addictions and co-occurring disorders. Integration of spirituality with medical approaches to treating addiction in an interculturally sensitive manner.

*Prerequisites: Sophomore standing. Offered: Fall, Spring.*

### **ADS 460 • Assessment & Treatment of Co-occurring Disorders 4 Credits**

Examination of the assessment and treatment, including identification of the appropriate level of care, for co-occurring disorders of substance use and various psychological disorders. Attention is given to evidence-based practices in treatment planning and intervention.

*Prerequisites: Sophomore standing. Offered: Fall, Spring.*

### **ADS 481 • Internship in Addictions Counseling I 4 Credits**

Applies theory, interpersonal skills, and professional development skills in a supervised professional addiction counseling setting. Demonstrates the twelve core functions of LADC (MN Statute 148F.01, subdivision 10). Evaluates progress toward appropriate development goals. Integrates knowledge, experience, ethics, and faith into a worldview relevant to addiction counseling. 400-hour experience hours required.

*Prerequisites: ADS 445; ADS 450; ADS 460; ADS 485. Offered: Fall, Spring, Summer.*

### **ADS 485 • Professional Issues & Ethics 2 Credits**

An examination of legal and ethical situations arising in the practice of helping professions, including alignment with the 12 core functions for addictions counseling. Evaluation of legal and ethical issues in professional practice and decision making. Development of goals and strategies for continuing professional, personal, and spiritual growth.

*Prerequisites: Sophomore standing. Offered: Spring, Summer.*

**ADS 491 • Internship in Addictions Counseling II 4 Credits**

Applies theory, interpersonal skills, and professional development skills in a supervised professional addiction counseling setting. Demonstrates the twelve core functions of LADC (MN Statute 148F.01, subdivision 10). Evaluates progress toward appropriate development goals. Integrates knowledge, experience, ethics, and faith into a worldview relevant to addiction counseling. 480-hour experience hours required.

*Prerequisites: ADS 481. Offered: Fall, Spring, Summer.*