

# SOCIAL SERVICES

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Bethel's Addiction Studies Certificate helps students get started in a social services career. Students learn how to apply research and evidence-based practices to their counseling practice as they assist individuals dealing with addiction.

Bethel's Alcohol and Drug Counseling Certificate program helps students strengthen their counseling skills and prepares them for licensure in Minnesota as an alcohol and drug counselor.

The Addiction Studies Certificate and Alcohol and Drug Counseling Certificate programs offer students a path that prepares them to meet MN state Board of Behavioral Health and Therapy (BBHT) education requirements for licensure as an alcohol and drug counselor (LADC). The Addiction Studies Certificate provides the coursework. The Alcohol and Drug Counseling Certificate provides the coursework and required practicum hours. Both of these certificates can be embedded in the B.S. in Psychological Sciences degree for those needing to complete a bachelor's degree.

## Programs in Social Services

### Certificates:

- Addiction Studies Certificate (online) (<https://catalog.bethel.edu/academic-programs/college-of-health-sciences/undergraduate-programs/social-services/addiction-studies-certificate-alcohol-drug-counselor-license/>)
- Addiction Studies Certificate (traditional) (<https://catalog.bethel.edu/academic-programs/college-of-health-sciences/undergraduate-programs/social-services/addiction-studies-certificate/>)
- Alcohol and Drug Counseling Certificate (<https://catalog.bethel.edu/academic-programs/college-of-health-sciences/undergraduate-programs/social-services/certificate-alcohol-drug-counseling/>)

#### **ADS 445 • Counseling Microskills 4 Credits**

An examination of effective counseling skills that combines theoretical understanding and hands-on practice of essential microskills. Engagement in development of "self as the therapist" through reflective practice and observation of self and others.

*Prerequisites: Sophomore standing. Offered: Fall.*

#### **ADS 450 • Introduction to Addictions Counseling 4 Credits**

Examination of addiction from a variety of perspectives and evaluation of the twelve core functions of an addictions counselor. Description of the process of change in the context of the continuum of care. Cultivation of a personal philosophy around spirituality and addiction.

*Prerequisites: Sophomore standing. Offered: Fall, Spring, Summer.*

#### **ADS 455 • Psychopharmacology of Addiction 4 Credits**

Examination of the action and biophysical effects of addictive substances. Evaluation of evidence-based medical treatment options for both addictions and co-occurring disorders. Integration of spirituality with medical approaches to treating addiction in an interculturally sensitive manner.

*Prerequisites: Sophomore standing. Offered: Fall, Spring.*

#### **ADS 460 • Assessment & Treatment of Co-occurring Disorders 4 Credits**

Examination of the assessment and treatment, including identification of the appropriate level of care, for co-occurring disorders of substance use and various psychological disorders. Attention is given to evidence-based practices in treatment planning and intervention.

*Prerequisites: Sophomore standing. Offered: Fall, Spring.*

## Social Services 2

### **ADS 481 • Internship in Addictions Counseling I** 4 Credits

Applies theory, interpersonal skills, and professional development skills in a supervised professional addiction counseling setting. Demonstrates the twelve core functions of LADC (MN Statute 148F.01, subdivision 10). Evaluates progress toward appropriate development goals. Integrates knowledge, experience, ethics, and faith into a worldview relevant to addiction counseling. 400-hour experience hours required.

*Prerequisites: ADS 445; ADS 450; ADS 460; ADS 485. Offered: Fall, Spring, Summer.*

### **ADS 485 • Professional Issues & Ethics** 2 Credits

An examination of legal and ethical situations arising in the practice of helping professions, including alignment with the 12 core functions for addictions counseling. Evaluation of legal and ethical issues in professional practice and decision making. Development of goals and strategies for continuing professional, personal, and spiritual growth.

*Prerequisites: Sophomore standing. Offered: Spring, Summer.*

### **ADS 491 • Internship in Addictions Counseling II** 4 Credits

Applies theory, interpersonal skills, and professional development skills in a supervised professional addiction counseling setting. Demonstrates the twelve core functions of LADC (MN Statute 148F.01, subdivision 10). Evaluates progress toward appropriate development goals. Integrates knowledge, experience, ethics, and faith into a worldview relevant to addiction counseling. 480-hour experience hours required.

*Prerequisites: ADS 481. Offered: Fall, Spring, Summer.*

### **ADST 294 • Topics in Addiction Studies** 1-4 Credits

An in-depth study of a particular Addiction Studies theme.

*Special Notes: Topics courses should serve as elective courses.*

### **ADST 379PT • Portfolio in Addiction Studies** 0.5-6 Credits

Preselected topics within an existing course in the field of Addiction Studies.

*Special Notes: Portfolio courses are created upon request with permission by an overseeing Program Director.*

### **ADST 445 • Counseling Microskills** 4 Credits

An examination of effective counseling skills that combines theoretical understanding and hands-on practice of essential microskills. Engagement in development of “self as the therapist” through reflective practice and observation of self and others.

*Fulfills: CAPS Goal Area 5.*

### **ADST 450 • Introduction to Addictions Counseling** 4 Credits

Examination of addiction from a variety of perspectives and evaluation of the twelve core functions of an addictions counselor. Description of the process of change in the context of the continuum of care. Cultivation of a personal philosophy around spirituality and addiction.

*Fulfills: CAPS Goal Area 5.*

### **ADST 455 • Pharmacology of Addictions** 4 Credits

Examination of the biopsychosocial and the neuro-physical effects of addictive substances. Evaluation of evidence-based medical treatment options for both addictions and co-occurring disorders.

Integration of spirituality with medical approaches to treating addiction in an interculturally sensitive manner.

### **ADST 460 • Assessment and Treatment of Co-Occurring Disorders** 4 Credits

Examination of the assessment and treatment, including identification of the appropriate level of care, for co-occurring disorders of substance use and various psychological disorders. Attention is given to evidence-based practices in treatment planning and intervention.

**ADST 481 • Internship in Addictions Counseling I** 4 Credits

Application of theory, interpersonal skills, and professional development skills in a supervised professional addiction counseling setting. Demonstration of the twelve core functions of LADC (MN Statute 148F.01, subdivision 10). Evaluation of progress toward appropriate development goals. Integration of knowledge, experience, ethics, and faith into a worldview relevant in the addiction counseling setting. 400-hour experience.

*Prerequisites: ADST 445, ADST 450, ADST 455, ADST 460, ADST 485H (All may be taken concurrently), Consent of program director. Grade exceptions: Graded on an S/U basis.*

**ADST 482 • Internship in Addictions Counseling III** 1-4 Credits

Directly applies acquired knowledge and skills in a structured professional setting focused on the 12 core functions of a licensed alcohol and drug counselor as defined in Minnesota Statute section 148F.01, subdivision 10. Students complete remaining Minnesota state Board of Behavioral Health and Therapy 880 clock hours of practical experience.

*Grade exceptions: Graded on an S/U basis.*

**ADST 485H • Professional Issues and Ethics** 2 Credits

An examination of legal and ethical situations arising in the practice of helping professions, including alignment with the core functions for addictions counseling. Evaluation of legal and ethical issues in professional practice and decision making. Development of goals and strategies for continuing professional, personal, and spiritual growth.

*Fulfills: CAPS General Education Category H.*

**ADST 491 • Internship in Addictions Counseling II** 4 Credits

Applies theory, interpersonal skills, and professional development skills in a supervised professional addiction counseling setting. Demonstrates the twelve core functions of LADC (MN Statute 148F.01, subdivision 10). Evaluates progress toward appropriate development goals. Integrates knowledge, experience, ethics, and faith into a worldview relevant to addiction counseling. 480-hour experience hours required.

*Prerequisites: ADST 445, ADST 450, ADST 455, ADST 460, ADST 485H. Grade exceptions: Graded on an S/U basis*